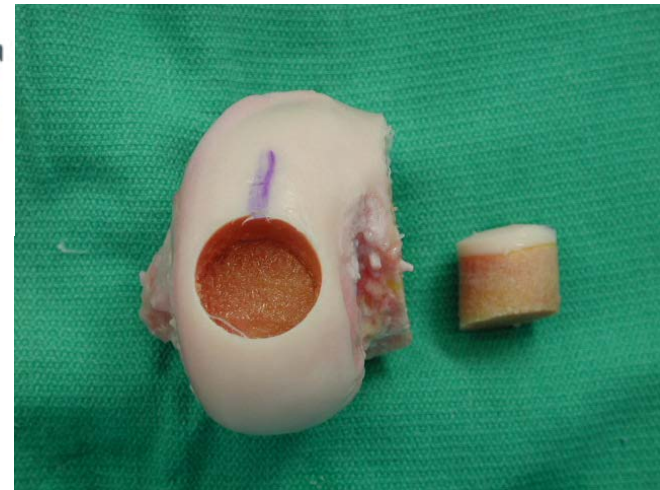


# ISAKOS 2015, Lyon

## Fresh Osteochondral Allografts (OCA) in the Knee

### Comparison of Primary Transplantation Versus Transplantation After Failure of Previous Subchondral Marrow Stimulation

10<sup>TH</sup> Biennial  
**ISAKOS** 2015  
CONGRESS  
JUNE 7-11, 2015  LYON, FRANCE



Guilherme C. Gracitelli, MD

Gokhan Meric, MD

Dustin Briggs, MD

Pamela A. Pulido, BSN

Julie C. McCauley, MPHc

João Carlos Belloti, MD, PhD

William D. Bugbee, MD



# Disclosure

- No conflicts are reported for Gracitelli, Meric, Pulido, McCauley.
- Bugbee is a paid consultant for DePuy, Zimmer, Zimmer Biologic, Smith & Nephew, Joint Restoration Foundation, Moximed, Organogenesis, and Orthoalign

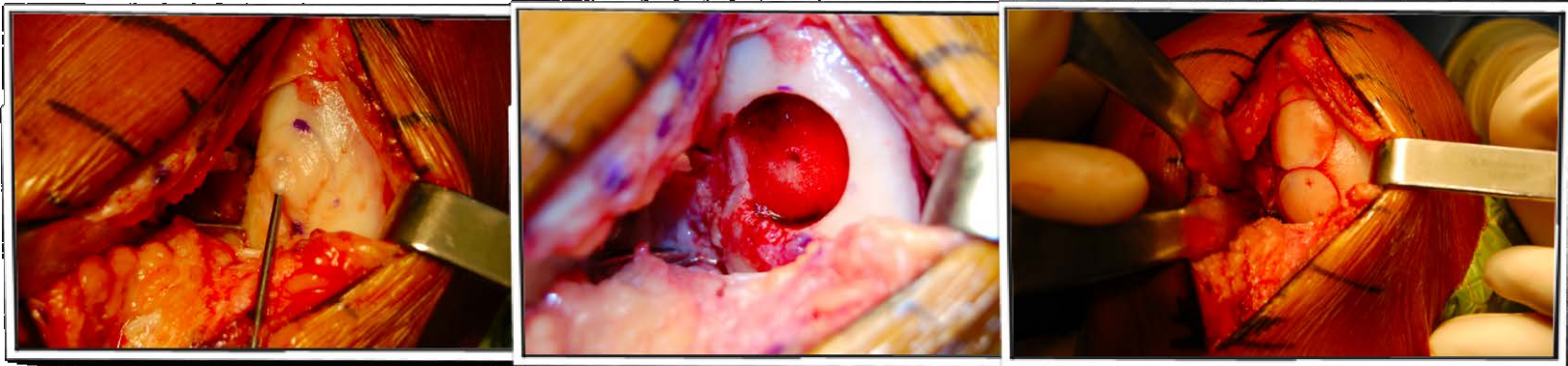
# Introduction

- Subchondral Marrow stimulation (SMS) can cause a stiffer and harder subchondral plate, intralesional osteophytes, and cystic formation
- The aim of the present study was to examine the influence of previous cartilage repairs in subsequent OCA transplantation
- We designed a retrospective matched-pair cohort of (Group 1) primary OCA transplantation compared with (Group 2) OCA transplantation after failure of previous cartilage repair surgery



# Material and Methods

- Group 1: 46 knees that had OCA transplantation performed as a primary treatment
- Group 2: 46 knees that underwent OCA transplantation after failure of previous subchondral marrow stimulation (SMS)
- Patients in each group were matched for:
  - Age ( $\pm 5$  years),
  - Diagnosis (osteochondral lesion, degenerative chondral lesion, traumatic chondral injury) and
  - Graft size (small  $<5$  cm<sup>2</sup>; medium 5-10 cm<sup>2</sup>, large  $>10$  cm<sup>2</sup>).



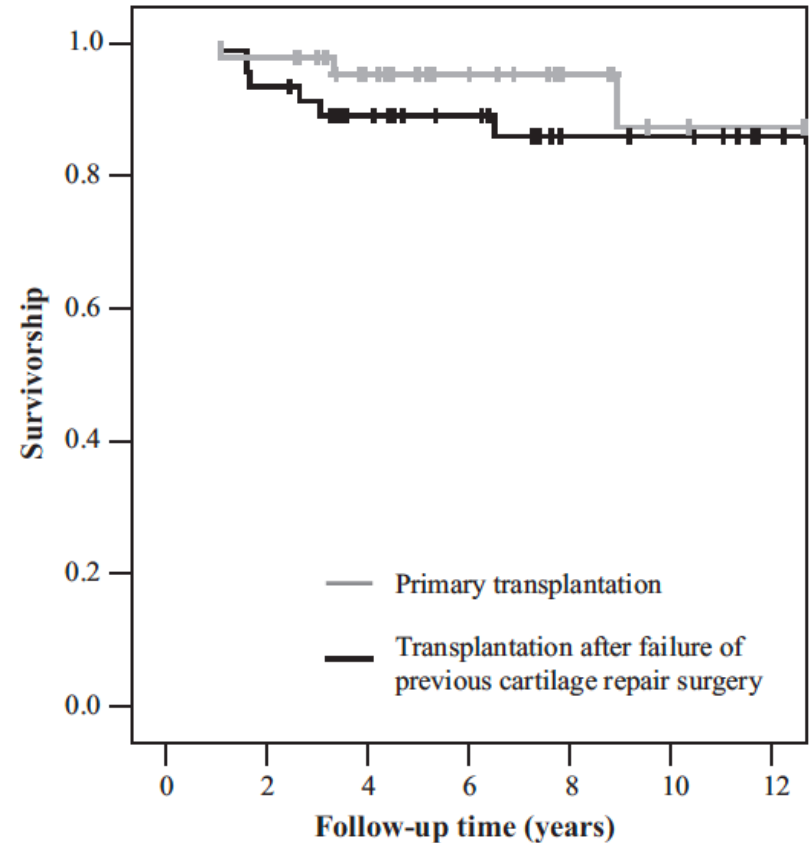
# Material and Methods

- 91.3% of knees in group 1 and 95.7% in group 2 were located in femoral condyle
- Functional outcomes were evaluated using the modified Merle d'Aubigné-Postel (18-point) scale, IKDC subjective knee evaluation form, KOOS scale, and KS-F scale.
- Failure was defined as any reoperation resulting in removal of the graft, such as allograft revision and any form of arthroplasty.



# Results

- At 10 years of follow-up, survivorship of the graft was 87.4% and 86% in Groups 1 and Group 2.



# Results

- 24% in Group 1 had reoperations and 44% in Group 2 ( $p = 0.04$ )

Frequency and Type of Reoperations After OCA Transplantation<sup>a</sup>

Reoperation	Group 1	Group 2
Arthroscopic debridement, diagnosis, or loose body removal	6	15
Meniscectomy	—	3
Meniscal repair	1	3
Extensor mechanism realignment	—	1
Lateral retinacular release	1	2
Osteotomy	—	1
Hardware removal	—	3
Reoperation defined as allograft failure		
Revision of allograft	2	3
Total knee arthroplasty	3	4

<sup>a</sup>Values are numbers of knees.



# Results

- 11% of failures in Group 1 and 15% in Group 2 ( $p = 0.53$ )
- 87% of patients in Group 1 and 97% in Group 2 were “satisfied” or “extremely satisfied” with the OCA transplantation.
- Both groups showed improvement in pain and function on all subjective scores.

Pain and Function Measured Preoperatively and at Follow-up<sup>a</sup>

Measure	Group 1 (Primary Treatment)			Group 2 (Failed Cartilage Repair)			P Value <sup>b</sup>
	Preoperative	Follow-up	Difference	Preoperative	Follow-up	Difference	
Modified Merle d'Aubigné-Postel (18 points)	12.7	16.6	3.9	12.9	16.2	3.2	.46
% Excellent (18)	—	39		2.6	32		
% Good (15-17)	18	49		21	55		
% Fair (12-14)	58	13		50	8		
% Poor (<12)	25	—		26.3	5		
IKDC							
Pain	6.2	2.4	-4.2	5.4	2.6	-3.2	.09
Function	2.9	7.8	5.1	3.5	7.5	4.4	.34
Total	36.9	78.2	45.6	41.8	78.8	38.3	.29
KS-F	68.9	89.5	23.8	68.2	91.9	24.8	.86
KOOS subscale							
Symptoms	57.8	87.8	27.5	53.0	79.8	31.2	.81
Pain	65.6	89.9	31.2	64.3	82.1	10.0	.06
ADL	72.0	94.5	29.3	70.9	87.1	14.0	.11
Sport/Rec	37.5	72.7	40.6	30.6	70.7	43.3	.41
QOL	28.2	69.5	45.5	25.0	64.6	47.0	.92

<sup>a</sup>ADL, activities of daily living; IKDC, International Knee Documentation Committee; KOOS, Knee Osteoarthritis and injury Outcome Score; KS-F, Knee Society function; QOL, quality of life; Sport/Rec, sport and recreation.

<sup>b</sup>P value for Mann-Whitney *U* test to compare difference scores between groups (change from preoperative state to latest follow-up) and chi-square test to compare postoperative score distributions between groups on the modified Merle d'Aubigné-Postel (18-point) scale.



# Conclusion

Despite the higher reoperation rate in the previous treated group, previous cartilage surgery did not adversely affect the survivorship and functional outcome of OCA transplantation.



# References

1. Behery O, Siston RA, Harris JD, Flanigan DC. Treatment of cartilage defects of the knee: expanding on the existing algorithm. *Clin J Sport Med*. 2014;24:21-30.
2. Blackman AJ, Smith MV, Flanigan DC, Matava MJ, Wright RW, Brophy RH. Correlation between magnetic resonance imaging and clinical outcomes after cartilage repair surgery in the knee: a systematic review and meta-analysis. *Am J Sports Med*. 2013;41:1426-1434.
3. Bugbee WD, Khanna G, Cavallo M, McCauley JC, Goertz S, Brage ME. Bipolar fresh osteochondral allografting of the tibiotalar joint. *J Bone Joint Surg Am*. 2013;95:426-432.
4. Carey JL, Grimm NL. Treatment algorithm for osteochondritis dissecans of the knee. *Clin Sports Med*. 2014;33:375-382.
5. Chahal J, Gross AE, Gross C, et al. Outcomes of osteochondral allograft transplantation in the knee. *Arthroscopy*. 2013;29:575-588.
6. Chu CR, Convery FR, Akeson WH, Meyers M, Amiel D. Articular cartilage transplantation: clinical results in the knee. *Clin Orthop Relat Res*. 1999;360:159-168.
7. Curl W, Krome J, Gordon E, Rushing J. Cartilage injuries: a review of 31,516 knee arthroscopies. *Arthroscopy*. 1997;13:456-460.
8. Davies-Tuck ML, Wluka AE, Wang Y, et al. The natural history of cartilage defects in people with knee osteoarthritis. *Osteoarthritis Cartilage*. 2008;16:337-342.
9. de Windt TS, Welsch GH, Brittberg M, et al. Is magnetic resonance imaging reliable in predicting clinical outcome after articular cartilage repair of the knee? A systematic review and meta-analysis. *Am J Sports Med*. 2013;41:1695-1702.
10. Emmerson BC, Goertz S, Jamali AA, Chung C, Amiel D, Bugbee WD. Fresh osteochondral allografting in the treatment of osteochondritis dissecans of the femoral condyle. *Am J Sports Med*. 2007;35:907-914.